

About me

I am an international actress and acting coach, and a proud member of the **ACTORS SOCIETY**. I graduated **summa cum laude** with a GPA of 3.9/4.0 from The American Academy of Dramatic Arts in New York, the first professional academy of American theatre, earning the **Associate of Occupational Studies (AOS)** degree.

My training is cross-disciplinary, blending the analytical rigour of American methods – rooted in **Stanislavski's system** – with the physically expressive approach of European theatre. I have studied with masters including: **Meisner, Stella Adler, Uta Hagen, Lee Strasberg** at The American Academy of Dramatic Arts, **Jacques Lecoq** at the *Scuola di Teatro Arsenale*, Milan, experimental physical theatre with **Odin Teatret** (Eugenio Barba) and **PACTA Teatri**, Milan.

These experiences allowed me to explore key roles in classical and contemporary theatre, including: Masha in *The Three Sisters* (Anton Chekhov), Miss Julie in *Miss Julie* (August Strindberg), Eurydice in *Eurydice* (Sarah Ruhl), Mrs. X (monologue) in *The Strongest* (August Strindberg), Martha in *The Children's Hour* (Lillian Hellman), Catherine in *Proof* (David Auburn).

Marianna Cossu

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Beyond the Lines Acting Studio

beyond the line, beyond your limits

Acting Studio - from New York to Italy

At Beyond the Lines, we teach a **practical, actor-centered approach** where each line of text is a doorway into character, intention, and authentic expression.

Our core principle: **Behaving truthfully under imaginary circumstances.**

With this method, you will be able to:

- Embark on a journey of artistic and personal growth
- Discover new facets of your expressive self
- Master script analysis and scene preparation
- Build behavior that is **credible, coherent, and emotionally alive**
- Access authentic emotion without forcing it
- Train your body and imagination as expressive instruments
- Fully inhabit a role, even when it initially feels distant
- Develop acute listening and reactive skills
- Integrate action and reaction naturally

Our pedagogy merges the **analytical approaches of Adler, Meisner, Strasberg, and Hagen** with the **physical expressivity** of Lecoq, creating a **three-dimensional, holistic training experience.**

We provide you with a **"toolbox"** of techniques—ready to use intelligently and creatively—allowing you to sculpt your performance with the precision of a master craftsman shaping marble.

Our philosophy: there are no "right" or "wrong" methods - only tools that either serve you and your text, or don't.

Designed for

This program is designed for you if:

- You're looking for a professional and protected acting training
- You want to understand the character and learn how to build it
- You want to explore the role in detail, both textually and emotionally
- You want to be natural on stage and in front of the camera
- You want to strengthen your technique and gain confidence
- You want to learn how to handle pressure in front of an audience
- You want to explore new sides of yourself through theater

Our offerings

Year 1 - Foundations

- Self-exploration and body awareness
- Text analysis, character psychology, imagination, and listening
- Practical exercises and physical work
- Guided construction of initial scenes

Year 2 - Independent scene work & character development

- Technical and creative deepening
- Autonomous scene construction
- Open final classes
- Personalized coaching and mentorship

Selective module - Career preparation

- Meetings with industry professionals and Actors Studio members
- Selection and independent development of personal scenes
- Individual coaching to tailor roles
- Practical audition preparation for film, TV, and theatre

Ready to go? Contact me here: beyondactingstudio@gmail.com